

First Aid At Work

Australian Work Cover Approved First Aid Course

Emergency First Response First Aid at Work-Asia Pacific is a CPR and first aid course specifically designed to meet workplace requirements in the Asia Pacific region. Occupational health and safety legislation in many countries stipulate that businesses must have first aid trained personnel on staff and the Emergency First Response First Aid at Work (Asia Pacific) course can be used to meet this requirement.

EFR First Aid at Work (Asia Pacific) currently meets the requirements in all Australian states (WorkCover NSW approval #01346).

What you will learn:

Primary Care

- Scene Assessment
- Barrier Use
- Primary Assessment
- CPR - Rescue Breathing
- CPR - Chest Compressions
- Choking Management
- Serious Bleeding Management
- Shock Management
- Spinal Injury Management

Secondary Care

- Principles of First Aid
- Injury First Aid
- How to conduct an injury assessment
- Management of dislocations
- Management of fractures - upper limbs, lower limbs, pelvis, jaw
- Minor cuts, scrapes, bruises and nose bleed
- Dental injury

- Management of soft tissue injuries
- Strains & sprains
- Management of eye injury
- Management of electrical injury including burns and scalds
- Management of common medical emergencies including heart attack, shock, asthma, epilepsy and diabetes
- Head and chest injury management
- Management of casualties suffering from extreme environmental exposure
- Accident-related first aid
 - Crushed patient accident
 - Traffic accident
 - Near drowning accident
 - Scuba diving related accident

- Illness First Aid
 - How to conduct an illness assessment

- Venomous Bites and Stings First Aid
 - General information for venomous bites and stings
 - Snakes and reptile bites
 - Spider bites
 - Tick bites
 - Scorpion stings
 - Bee, wasp, ant stings and bites
 - Octopus bites and cone shell stings
 - Fish spine injury

Emergency Care in the Workplace

Scenario Evaluations

Schedule

1 full day - 10:30 to 18:00

or

2 evenings - 19:00 to 23:00

What's included in the course?

- o EFR Primary and Secondary Care First Aid at Work Manual
- o EFR First Aid at Work Certification - valid for 24 months (Australia Work Cover Approved)

Course Cost = \$195

[Click here for Course Schedule](#)

Group Rates are negotiable for groups of more than 3 people. Please contact us to discuss.